

# **Restoration Vein Care**

## **Informed Consent for Sclerotherapy (Injection Treatment)**

*This is for your information only. The actual consent form will be signed in our office, after all of your questions have been answered to your satisfaction.*

I have had a discussion with an experienced practitioner of injection sclerotherapy and I have received adequate information about sclerotherapy (injection) treatments.

I understand that the procedure may be uncomfortable and I may experience bruising and possible tender, lumpy areas along the course of some of the veins after they are treated. Most of these problems are minor and resolve with proper treatment or no treatment.

I have been informed of the risks, benefits and alternatives to sclerotherapy. Potential complications include, but are not limited to:

1. A chemical burn (ulcer) of the skin that may result in a permanent scar
2. Discoloration of the skin (hyperpigmentation)
3. Allergic reaction or hives at the injection site
4. Blisters
5. There have been reports of Transient Neurologic Episodes in patients who have had "foam" injections for sclerotherapy. Symptoms include visual disturbances, headaches, numbness and tingling. These typically resolve within hours. There have been no reports of permanent neurologic deficits (strokes) with intravenous foam injections.

I understand that multiple treatments may be necessary to achieve the best results.

I understand the benefits of post treatment instructions and I will adhere to them to obtain the maximum benefit from treatment. These instructions include:

1. Proper use of the compression garment (stocking). If recommended, the stocking should be worn continuously for the first 48 hours and then during waking hours for 5 days after treatment.
2. Avoidance of vigorous physical activity for 48 hours after treatment.
3. Avoidance of sun exposure to treated areas for 30 days after your last treatment session to minimize skin discoloration.

I understand there is no guarantee that my symptoms or appearance will improve after sclerotherapy treatment.

**Women only:** I understand that this treatment is not to be performed during pregnancy or breast feeding. I am not currently pregnant or breast feeding and will inform my care giver if that changes at anytime during the treatment period.

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